



MIROSHNIK PROMOTION

beauty & balance

CAREFUL PLANNING AND AN EYE FOR AESTHETICS ARE KEY TO SUCCESSFUL RHINOPLASTY RESULTS SAYS SYDNEY PLASTIC SURGEON **DR MICHAEL MIROSHNIK.**

Beauty is said to be in the eye of the beholder, but studies have consistently shown that people are drawn to balanced and symmetrical faces. Sydney plastic surgeon Dr Michael Miroshnik understands how the shape and size of the nose can have an effect on facial proportion and harmony.

‘The nose is the central point around which other features such as the eyes, lips and chin, are viewed,’ he says. ‘Therefore, rhinoplasty can improve the entire facial profile.’

Changing the shape of the nose to bring it into balance with each patient’s features will enhance the overall appearance of the face. When a nose is considered large, for example, it is typically out of proportion with the chin. ‘It’s all about ratios,’ Dr Miroshnik says. ‘An aesthetically pleasing facial profile is dependent on balance between the forehead, cheeks, nose, lips and chin.’

Sometimes it is therefore important to make certain changes or tweaks to other components of the face during a rhinoplasty procedure. The chin, for instance, is often weak in many female rhinoplasty patients and may need to be augmented with an implant or filler at the time of surgery in order to achieve a more natural-looking result.

‘To make a drastic change to the nose in these types of patients, without addressing any of the other misproportioned features, may lead to a sub-optimal result with the nose looking somewhat “done”,’ says Dr Miroshnik. ‘This is a great fear of many patients these days and it can be eliminated by paying close attention to the facial proportions as a whole. In many cases, a better overall result can be achieved by making a number of small changes rather than by making a single significant change to the nose alone. This is the essence of modern plastic surgery.’

Tailoring any surgery to the specific needs of each patient is critical to a successful outcome. Today, a number of techniques are available to surgeons, allowing them to sculpt a natural-looking nose that will suit the individual patient’s face.

Dr Miroshnik draws on both the open and closed techniques, depending on the surgical goals and the form and function of the nose. Whether the closed or open technique is used, Dr Miroshnik makes most of the incisions within the nasal cavity, keeping scarring to a minimum. ‘The open technique is important when changes to the nasal tip are performed as it allows a lot more precision with any surgical enhancements or manoeuvres,’ he says.

Depending on the individual concerns of each patient, Dr Miroshnik might reduce or increase the size of the nose, even out any bumps or irregularities in the nose, define the nasal tip, or change the angle between the nose and upper lip. The result is a nose that is in balance with the rest of his patient’s features.

Rhinoplasty is a very precise procedure, and requires a lot of planning. Just millimetres can make a huge difference to the overall look of the face, so it is important to Dr Miroshnik that he understands the desired outcomes of each patient. He uses computer generated imagery to show the patient the impact these slight changes will have on the patient’s aesthetics.

Whilst the consultation period is used to determine the concerns of the patient, Dr Miroshnik also draws on his own understanding of facial aesthetics to determine the optimal nose for each patient. The differences in the aesthetics between the male and female nose is a major consideration when planning the desired surgical outcome.

‘While the ideal female nose is generally smaller and shorter with a more concave profile, a masculine nose tends to have a broader bridge and less obtuse angulation between the lip and tip of the nose,’ says Dr Miroshnik.

‘Men suit a straighter nose on profile whereas women may benefit from what is known as a supra-tip break, or more of a “ski-jump” slope to their nasal profile. However, they must have other features which would support that look, such as a balanced forehead and not overly projecting chin.’

It’s important to remember that rhinoplasty is a surgery not just of form, but of function as well. Dr Miroshnik is able to address functional problems such as breathing difficulties during the operation.

Dr Miroshnik believes that creating a nose that blends in with and complements other facial features, rather than dominating the face, is key to successful rhinoplasty. With careful planning and a good understanding of what the patient desires, as well as what is surgically possible, he can achieve long-lasting, natural-looking results.



AS SEEN IN DEFINITIVE GUIDE TO FACE & NOSE SURGERY

MIROSHNIK

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BEFORE



AFTER open rhinoplasty by Dr Miroshnik to create a nose that better suits the other facial features



BEFORE



AFTER open rhinoplasty by Dr Miroshnik to restore balance to the nasal profile



BEFORE



AFTER open rhinoplasty by Dr Miroshnik to improve nasal dorsal profile and tip



BEFORE



AFTER open rhinoplasty by Dr Miroshnik to create a more feminine profile in keeping with other features



BEFORE



AFTER open rhinoplasty by Dr Miroshnik to improve the profile and feminise the nose to better match the other facial features



BEFORE



AFTER open rhinoplasty, ear set-back and chin augmentation with filler by Dr Miroshnik. A mole was also removed from the hairline. Together these changes restored facial balance & harmony



AS SEEN IN DEFINITIVE GUIDE TO FACE & NOSE SURGERY



BEFORE



AFTER open rhinoplasty by Dr Miroshnik to improve nasal dorsal aesthetic lines, tip width and shape



BEFORE



AFTER open rhinoplasty by Dr Miroshnik to create a more feminine profile in keeping with other features



BEFORE



AFTER chin and cheek implants by Dr Miroshnik. This patient illustrates the fact that features other than the nose often need to be tweaked to improve facial profile



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